Integrated Child Development

HEALTHY and SECURE Infants 0-5 years of age

Strengthening of ASHA worker's existing network at Project level

GV has initiated a Network of Asha worker in its project villages and build the capacity of them to function more effectively. GV meets this network every month.

Interaction meetings with line departments at Taluk and District level

GV organizes interactions meetings for the benefit of Asha workers to build their capacities conducting meetings with the officials of Women and Child, health, banks and the heads of other line departments to learn about various development projects which will help the families to generate more income so that ultimately children benefit.

Network meeting participation

Grama Vikas is a member of three different networks in which one network called COLLECTIVE ACTIONS NETWORK (CAN) was promoted by GV in which 12 NGOs from all the 5 taluks in Kolar participate regularly and we conduct this meeting on every 2nd Saturday of month. This network is meeting regularly since September 2012. We discuss in this meeting many issues of children and also take them to the notice of the district administration.

Follow-up meetings of Bala Vikas Committees in GP Level

Each Anganwadi is supported by a committee called BALAVIKAS COMMITTEE. We motivate members of these committees in all the villages to meet at Grama Panchayat (GP) level to discuss the issues of Anganwadis and these meetings will be conducted in GP office in which Chairperson of Social Justice standing committee too attends the meeting to further follow up the minutes of the meeting.

Formation of Mothers Association at GP level

Mothers of all the children that attend the anganwadis in a GP are brought under an association of mothers in a GP. Here, the mothers are involved in discussions and enhance the quality of Anganwadi service for their children.

Formation of Mothers Association at Cluster level

Associations at different GPs are brought under Cluster level Association. This will give mothers lot of strength because the numerical number gives mothers lots of strength to raise issues pertaining their children and the services of Anganwadi.

Talent exhibition of children (Chinnara Mela)

Every year 2 Chinnara (Children's) melas are conducted in which children from 50 anganwadis participate and exhibit their talents in cultural and sports activities. They participate in Memory tests as well. It is a one day programme and about 500 children participate in these meets of children.

Learning exposure visit for active members

We do organize exposure visits to active members of Bala Vikas Samithis and Mothers Associations to the model anganwadis. These exposure visits will give women to go out with their friends for a day and it will keep them away from the drudgery as well. This will force men in the families to attend the daily chores and also make them to understand the work of women at home.

Health support in emergencies to the children

When children fall sick, GV reimburses the medical expenses after obtaining bills and a report.

Referral services to ANC/PNC

Mothers are given nutrition support during ANC and PNC also medical care support is given to them.

Strengthening of Health & Sanitation Committees at GP level

Each village in the project area has a Health and Sanitation committee and these committees are educated by the Taluk Health Educator on the ill effects of not maintaining village sanitation in a proper manner. These members are involved in village health and sanitation maintenance.

RCH Awareness to peer group Village level

In each village we identify a handful guys and impart awareness to them on reproductive and child health(RCH) and these few individuals are formed as peer group to educate other men in the village.

RCH Awareness to peer group Panchayath level

We have decided to form a peer group of young women to educate other young men and care givers in the families on RCH. This strategy was designed to involve more men in RCH. If men folk understand the importance of RCH, the health and status of rural women in their families enhances immensely.

Review meeting to Anganawadi workers at GP level

We conduct meetings of all the Anganwadi staffers at the GP level which will and can facilitate HORIZONTAL LEARNING as well. This will also help children Grama Vikas Society for Rural Development to enjoy better services. Problems are discussed and solutions are also identified as well.

Issue based letter writing campaign on issues related to children and youth to Grama Panchayath, MLA, MP, Child Commission and other concerned ersons/departments.

GV encourages low cost advocacy by encouraging children and youth to write post cards to send to the people's representatives and concerned department heads explaining their problems/issues. 100s of post cards are sent

<u>Strengthening SOCIAL JUSTICE COMMITTEE heads at GP level to address</u> <u>children's issues related to Nutrition and Health</u>

Every GP has a SOCIAL JUSTICE STANDING COMMITTEE which is supposed to address children's issues related to Nutrition and Health. GV envisages to organize trainings, discussions, counseling and exposures to the members of the SOCIAL JUSTICE STANDING COMMITTEES in the GPs so that these members feel accountability and responsibility towards the marginalized communities in the villages.

Home based care for 6 months to 2 years infants/children and Pregnant Women

This activity is done at homes by the mothers and care givers. An expert Nutritionist is involved in designing Nutrition chart for the above segments of the communities and the Bala Vikas Samithis, Anganwadi teachers and GV staff supervise the supply to Nutrition to infants/children and pregnant women.

Educated and Confident Children (6-14)

Strengthening of children's clubs at Village level.

GV organized a platform at village level for children to share their problems at school, home and society. The meetings are held every month and also to find solutions. In these meetings GV team members discuss with children about tree planting, keeping the village clean, about their rights and financial literacy.

Strengthening of children's clubs at Project level.

GV gathers representatives from each village children's club every quarter once in the meeting hall of the project head quarters to share their experiences and activates. These meetings do also give them direction as to how they work for their good as a pressure group.

Strengthening of children's clubs at District level.

GV created a platform at district level for child representatives participating from 5 taluks of the district. This forum basically does advocacy with the government on their problems/issues such as lack of power supply in nights for their studies, water and sanitation facilities in the school, quality of mid day meal, lack of subject teachers in the school and Children's Grama Sabhas.

Learning and exposure visits for SDMCs and Children

In order to strengthen the School Development and Monitoring Committees (SDMCs) GV send selective parents with leadership qualities on exposure visits to the model SDMCs in different parts of the state to learn and replicate in their schools.

Orientation on child rights to teachers and children

GV organises trainings/workshops/seminars to teachers and selected child leaders on child rights and also do fallow up meetings. To make more attractive these meetings we do conduct competitions and also celebrate child rights week campaign etc. Also share with parents, community and teachers about child protection policy.

Strengthening of SDMCs at School level.

GV organizing monthly meetings of SDMC members at school level to provide information on their roles and responsibilities. Also invite resource persons from State Institute for Rural Development (SIRD, Mysore) to impart refresher trainings to SDMC members.

Strengthening of SDMCs at GP level (11 GPs)

GV organizes quarterly meetings at GP level of all the SDMCs in the GP to share their experiences/progress and problems. Also explore possible solutions. This activity will also lead to formation of taluk and district level SDMC forums.

Co-ordination meetings with SDMC, Teachers and Grama Panchayaths

GV believes that Co-ordination among different stake holders solve lots of problems of any community. Hence, we facilitate co-ordination meetings of Local Grama Panchyat, SDMCs and Teachers. This creates good rapport with Panchyat and also sensitise GP members to think about the child development.

Health support for emergencies

GV supports children financially and in some cases it does provide nutrition food to maintain good health.

Support to Orphan children

As the saying goes PREVENTION IS BETTER THAN CURE, Grama Vikas strongly BELIEVES and COMMITTED to the cause of supporting orphans (psychological, emotional, and financial) for the good and peace of the society. This activity will stop considerably spread of HIV, grooming anti social elements etc. GV believes that the Human Resource should not go waste and it should be constructive for the development of a good society.

Skilled and Involved Youth (15-24)

Strengthening of youth groups at Village level

GV organized a platform at village level for youths to share their problems at college, home and society. This meeting is held every month. These meetings discuss problems of youth and make an attempt to find possible solutions.

Strengthening of youth groups at Project level

GV gathers youth representatives from the project area villages every quarter to share the activities conducted in their village and also give them direction as to how to go about their participation in the village development programmes.

Strengthening of youth groups at Cluster level

GV creates a platform at cluster level to share the problems of other village's youths and also counsel them. Information will be provided which will help them to find the way to solve their problems.

Support to higher education

GV supports youths finically to continue their education and this will also reduce the dropouts from the colleges. Also link them with other organizations that could provide financial assistance in addition to what GV could do.

Exposure visit to youths

GV provides an opportunity for youth by organising exposure visits to learn new approaches and strategies so that they can actively participate in youth groups.

Sports & cultural events for development

GV conducts this program to encourage youths at village level to participate in development activities. SPORTS FOR DEVELOPMENT.

Leadership Training

GV is developing leader ship qualities in youths to mould good leaders in youth for the village development to sustain the development of village.

Networking with likeminded NGOs

GV believes that Networking of NGOs will solve lots of problems of the communities. Number of NGOs is functioning in the district. GV wants to organize them into a network and make it CHILD FRIENDLY NETWORK. This process will also assist GV to draw strength from other NGOs so that GV receives SOLIDARITY in addressing issues/problems of children.

Formation of Village Development Councils(VDC) at village level

Each village has different people's institutions working for a specific subject and independently. These groups lack co-ordination. GV will bring different people's bodies under one umbrella and form VDC which is a platform to address all the issues of the village for overall village development.

Strengthening of VDCs at Village level

VDCs will be given capacity building trainings so that they will address to accomplish sustainable development of the village.

Interaction meeting with line departments

This is to address issues like child marriages. Besides this the work with line departments will explain different development projects meant for the upliftment of the below poverty line families and families just above below poverty line so that integrated child development is strengthened.

Orientation/training on HUMAN RIGHTS to youth and CONSTITUTION OF INDIA

Rural communities do not know their rights. They think it is privilege of some sections of the communities. Our experience says that people in the villages need to be empowered with information about their rights so that the communities can exercise them and receive/demand what is due to them. They are the ENTITLERS but not BENEFICIARIES.

How we can engage youths in the program and also networking of 15-24 year youths.

This will support the organization in effective implementation of the programmes designed for their development. Also to monitor the programmes and also to evaluate the progress to plan for new programs.

Forum Meeting

This a platform for the ChildFund India partners to share each other's experiences and also the good practices of the project. Also to plan common activities across the state to create an impact. The FORUM planned to organize CHILDREN'S FEDERATION at state level. The maiden meeting of this initiative will take place on 24th and 25th of January 2014 at Mysore.

Employable skill training

GV envisaged providing an opportunity to aspiring entrepreneurs to develop skills to engage them to generate extra resources for better livelihoods.

Preparation for board examinations

As English, science and mathematics are difficult subject for rural children, GV has decided to provide workbooks for students on the same subjects to score good marks in annual examinations.

Multimedia training

GV organized training for rural youths in Multimedia which can be used as an effective medium to educate communities and the society at large engaging the skill of still photography to project village issues. Be it sanitation, child marriage, alcoholism etc.

Training to youth on local governance

GV believes that Grama Panchyat which is the local government can effectively address rural and community development than any other institution in India. In a sub-continent like India, local government can play a very vital role to take the fruits of development projects to people's door steps without red tapism and corruption. We believe that youth need to be given exposure and training on local governance.

Formation of Alumini Federation.

100s of children had passed through GV Child Sponsorship Programme and today they are all earning members in their families. GV wanted to organize them into a Federation so that they need to be involved in the sponsorship concept of "SHARING". With this concept in mind, GV has organized a Federation of ex-sponsored children to involve them in SPONSORSHIP CONCEPT.